

# RECOMMENDED PACKING LIST

All **SPECOPS** adventure packages are on-the-move experiences; therefore, we advise not to pack too much or else you'll slow the group down, take up a lot of space, and everyone will become sad. We will also have an opportunity to wash clothes during the trip.

## **Prior Planning Prevents Problems!**

Although it is highly unlikely that you and your luggage arrive at different times, it has been known to happen. We suggest that your carry-on contain personal hygiene gear and at least one set of clothes—better safe than sorry.

SPECOPS recommends you do some homework to get a briefed up on terror threats, travel security, criminal activity, and political stability in the area where you want to go: <http://travel.state.gov/>.

During the journey, the SPECOPS guides carry fully stocked aid bags along with snivel items such as Tylenol and Band-Aids. We also bring a digital camera, 35 mm camera, and a laptop. During the trip, guests will have Internet access enabling them to keep up with the world they left behind, if necessary.

## **The following are our general recommendations for Tropical Locations:**

### **Carry-on:**

- ❖ Personal hygiene stuff
- ❖ One set of clothes/shorts

### **Clothing for Tropics, General: (casual attire please)**

- ❖ Shorts: quick dry (surfer) and (3) casual type
- ❖ (1) jeans or slacks
- ❖ (1) jeans or slacks (a warm pair for up on the volcano at night)
- ❖ Footwear: sandals and jogging shoes
- ❖ Shirts: (2) collared, several T-shirts
- ❖ Hat: floppy brim covering ears is best
- ❖ Socks: including (1) pair hiking (wool/polypropylene blend)
- ❖ (1) Jacket (for up on the volcano at night, can drop to 40 degrees)

### **Clothing for Jungle and Trekking:**

- ❖ (2) pair quick dry pants (such as OG-107)
- ❖ (1) thick belt such as tactical nylon from BlackHawk
- ❖ (1) pair good boots i.e. US Army jungle, consider two pairs
- ❖ (2) pair quick dry shorts (nylon or surfer style)
- ❖ (2) pair underwear (if ya wear 'em)
- ❖ (3) T-shirts
- ❖ (1) hat or floppy bush cover
- ❖ (1) 1 pair sandals
- ❖ (5) pair polypropylene/wool blend socks (no cotton!)
- ❖ (2) day's extra clothing and Gym bag

### **Gear and Equipment:**

- ❖ Backpack
- ❖ Personal hygiene and medications
- ❖ (2) small towels
- ❖ Waterproofing gear such as Hefty bags or freezer bags for individual items
- ❖ Knife with locking blade
- ❖ Flashlight (Halogen or Maglight) w/extra batteries
- ❖ (2) pens and mechanical pencils
- ❖ waterproof and non-waterproof notebooks

SPECOPS has the ability to purchase many items for you and bring them to adventure locations such as: CamelBak® hydration system/pack, knives, flashlights, etc. If you would like us to purchase this equipment, then the full price must be paid in advance and no refunds will be provided. This is a courtesy to our guests and we will make sure that the gear we bring for you is of the highest quality.

**Miscellaneous:** (the following can also be purchased on the day of arrival)

- ❖ Gym bag that can hold up to 25 lbs. (used for chopper flights)
- ❖ Sunscreen (waterproof)
- ❖ Sunglasses
- ❖ Book/reading material
- ❖ Camera and film
- ❖ Beach towel
- ❖ Insect repellent (only needed in the jungle for mosquitoes)
- ❖ Swimming goggles (swimmers will have a chance to swim every day)
- ❖ Expensive presents for the SPECOPS guides such as Rolex watches, etc.

And whatever else we forgot (disclaimer for lack of forethought).